

Learn More about Pediatric Pain Research and Treatment

A resource list from Rachel Rabkin Peachman and Anna C. Wilson

- [The Comfort Ability](#) is a program that teaches kids and parents proven skills to manage chronic or persistent pain.
- [It Doesn't Have to Hurt](#) includes many resources for parents and professionals, including articles and videos on everything from reducing pain and anxiety related to injections to managing children's chronic pain with empathy.
- [Understanding Pain and What's to be Done About It in 10 minutes](#) is a youtube video that was developed by the German Pediatric Pain Centre.
- The Pain in Childhood Special Interest Group of the International Association for the Study of Pain posts a list of [pediatric chronic pain programs around the world](#). The list is updated annually. This group also publishes the [Pediatric Pain Letter](#), which provides free, open-access, peer-reviewed commentaries on pain in infants, children and adolescents.
- [When Your Child Hurts](#) by Rachael Coakley, PhD is a wonderful book for parents of a child with chronic pain, and is also useful for psychologists and therapists who may be working with children with chronic pain but have less experience in this area.
- [Solutions for Kids in Pain \(SKIP\)](#) is on a mission to improve children's pain management and has resources for researchers, healthcare providers, and patients.
- SickKids (a children's hospital associated with the University of Toronto, in Canada) has developed a [free online pediatric pain curriculum](#) that is aimed at healthcare professionals.

